

FOR IMMEDIATE RELEASE

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Harnessing Happiness Tools Open the Door for People to Live Their Full Potential and Power

Mount Shasta, CA. (January 17, 2012) – The founders of Onionhead & Company announced that a new venue has been created to provide tools, programs and workshops for adults. Harnessing Happiness, Inc. was launched to help people discover a more joyful and happier way of living, whether at work, school or at home.

The agenda of Harnessing Happiness is assisting people to become self-empowered and live their full potential. Lane Michel, President, said, “The key to this empowerment and potential is goodness. Too often, we allow our heartfelt purpose or passion for life to be pushed out of our consciousness. We can become very busy trying to live and then disconnect from the power to thrive. Just living every day doesn’t make us happy. Happiness springs when making good use of our power and potential.” Therefore, the focus of Harnessing Happiness is to help people manifest the good in themselves and everyone surrounding them. From this goodness happiness always springs.

The story of a company who brought in Harnessing Happiness illustrates how powerful caring and happiness is. The company was in complete disarray, inundated with gossip and meanness. Then suddenly two of the owners took seriously ill. All of these problems led into financial difficulties. The illnesses truly got our attention, so we got to work and changed the atmosphere drastically. We created weekly workshops, not only about the business but about everyone's emotional lives. We promoted wellness for mind, body, spirit and emotions. Today, the growth of the business and the people has been nothing short of a miracle. Joy has spread out beyond customers and suppliers, to family and anyone else the staff meets. All the changes implemented had an amazing healing effect concerning health issues. To add to the miracle, the financial bottom line improved substantially. According to Robert Hodes, the CEO, “It seems the more we thought about happiness and love, and the less we thought about 'making the deal', the more financially successful the company became.”

April, who has experienced the workshops, programs and tools shared this: “Harnessing Happiness has helped me to transform into the person I am today. I have become more in-touch with my inner being. I have come to learn and honor who I am as a person. It has taught me to live life with love, honesty and integrity. I believe this new self-worth will serve to help change this world into a better place for all.”

The solutions work whether you buy the workshops and programs to facilitate yourself or have Harnessing Happiness facilitate them. For more information or to contact harnessing Happiness, go to www.harnessinghappiness.com.

About Onionhead®

Onionhead & Company is a non-profit organization. The Onionhead family feels that every child, tween and teen deserves the right to feel happy and safe. In order for that to be achieved, we believe we must

learn how to navigate through feelings appropriately, no matter what the circumstances. Our printed materials are made in the U.S.A. on 100% recycled paper. We promise that whatever we put in the hands of your child, we would trust completely in the hands of our own. For additional information contact Caitlin Magri, 877.915.0888, cmagri@onionhead.com. Onionhead® is a registered trademark, all rights reserved.

About Harnessing Happiness

Harnessing Happiness, Inc. is a company that works globally, providing workshops, programs and tools that help people discover a more joyful and happier way of living, whether at work, school or at home. The company operates on the firm belief that our happiness is connected to our goodness and that humans were born with this innate goodness. Every small step we take individually towards a better life is a large step for all of mankind. We are environmentally conscious at all times. Our products are made in the USA and printed on 100% recycled paper. For additional information contact us at info@harnessinghappiness.com or toll free 877.915.0888. Harnessing Happiness is a Trademark, all rights reserved.